

aperitivo time
2-4-1 cocktails
& complementary
snacks between
4pm & 7pm
daily

essa

BRUNCH

**sunday
roast**
from 12:30pm
EVERY
SUNDAY

Optional service will be charged.
Please note that an allergen list is available
Cross contamination of nuts is possible.

From 12pm until 5pm Monday to Sunday. Full Mediterranean menu from 5pm until late.

BRUNCH

12pm until 4pm daily

London Vegan

Almond, sweet potato and sesame falafel topped with smashed avocado, grilled vine tomatoes, and house beans

8.50 **Vegan**

Hollandaise Eggs

2 poached freerange eggs, hollandaise **V**
and: 1. Spinach and watercress 7.80

2. Pancetta 8.90

3. Smoked salmon and watercress 9.90

V

London Vegetarian

Cornbread, melted smoked mozzarella, poached eggs, spiced tomato chutney, avocado and coriander 8.50

Hunter

Fried eggs, sausage, bacon, wild mushroom, vine tomatoes, house beans, bubble and squeeek fritters and toasted sourdough 9.50 + Black pudding 1.50

Truffle Infused Hollandaise, Asparagus and Wild Mushroom

with poached eggs, English **V** uuffin and pecorino 9.90

Omelette

Served with sourdough and your choice of: 1. Melted smoked mozzarella **V** and crushed avocado 7.90

2. Ham & wild mushroom 8.90

3. Bacon and sausage 9.90

BRUNCH COCKTAIL

Bloody Maria 7.95

with sweet balsamic, rock salt, tabasco chilli, worchester sauce, rosemary and oregano

full drinks menu available

SKEWERS AND GRILL

skewers are served with flat bread & brushed with homemade harrisa

Grilled Halloumi 5.50 **V**

with pequillo pepper, fresh tomato and padron

Marinated Chicken Skewers 5.90

with quinoa, pommegranite and smoked aubergine

Luganica Pork Sausage 6.50

grilled and served with mixed grain salad

Harrisa Lamb Skewers 6.90

with quinoa tabbouleh and smoked aubergine

Spicy Prawn 7.50

with fresh coriander, garlic and chilli and harrisa mayo

SALAD BAR

A daily changing selection of salads are available monday to friday

4.25 Side / 7.90 Main

PASTA

Gnocchi Sorentina **V**

Tomato and mozzarella 7.50

Mushroom, asparagus, truffle and artichoke Casarecce **V** 8.90

Vegetarian Lasagna **V**

layers of pasta, zucchini, wild mushrooms, aubergine, bechemel and pesto 7.90

Carbonara egg yolk, pecorino, pasta Tagliatelle and crispy pancetta 8.90

Wild Boar and Porcini Tagliatelle with red wine ragu 8.90

Zucchini, Smoked Garlic and Gorgonzola Casarecce with spinach and crushed walnut 8.90 **V**

Broccoli and Sausage Tagliatelle with walnut and broccoli pesto 9.90

Pumpkin, Pecorino Ravioli with sage and butter 9.90

Langoustine Tagliatelle with prawns, shallots and bisque 10.90

Squid Ink Risotto

Squid, shallots, white wine and parmesan 10.90

MAINS

Marinated Grilled Chicken *

half chicken off the bone brushed with red harrisa. Served with your choice of chips OR side salad 12.90

Chicken with Parma Ham 14.90

topped with melted fontina, cream and white wine sauce. Served with tagliatelle pasta OR mash

Pork Belly 14.90

with red wine, sage and apple gravy. Served with crushed potatoes

Pan Fried Salmon Fillet 14.90

with white wine, lobster bisque and cream sauce. Served with crushed caramelised parsley potato

Grilled Lamb Cutlets 15.90

with quinoa, puy lentil and fresh mint salad OR chips

Grilled Fillet Steak 18.90

served with crushed potato OR chips + peppercorn sauce OR wild mushroom and red wine sauce +1.90

breakfast
and dinner
served from
daily

Breakfast is available from 8am to 12pm Mon to Fri and 9am to 12am Sat, Sun and Bank holidays / Brunch is available from 12pm daily / Dinner is available from 5pm daily

WE MAKE EVERYTHING HERE FROM THE SOURDOUGH BREAD AND THE PASTA TO THE CROISSANTS AND MUFFINS THAT YOU ENJOY EVERY MORNING



essa
LONDRA
ITALIANO