

essa
LONDRA
ITALIANO

wine and cocktails

Mimosa 4.90

Fresh orange juice and prosecco

Campari Soda 5.90

Raspberry Bellini 7.95

*Prosecco with raspberry
puree*

beer

Pilsner by Meantime /

Pale Ale by Meantime

Pint 5.70 / Half Pint 2.95

rose

2015 Chateau Gairoid

Cinsault, Grenache, Rolle (organic)

24.90 / 6.25

white wine

“Le Lesc” Cotes de Gascogne

Blanc 2015

SW France 16.50 / 4.50

Malvasia Bianca ‘Vignali’ 2016

21.90 / 5.70

Catalan Eagle 2015 (organic) Terre

Alta, Spain 23.70

2015 Rioja Blanco “Pharos” Spain

19.50 / 5.30

Ciu’ Ciu’ Verdicchio Classico

“Arbinus” 2014

Verdicchio Central Italy 25.20

Gavi ‘La Fornace’ 2016, Cinzia

Bergaglio 26.70

Aperol Spritz 7.95

*Aperol, Prosecco, and
a dash of Soda Water*

Bloody Maria 7.95

*With sweet balsamic, rock salt,
tabasco chilli, worchester sauce,
rosemary and oregano*

bottled Birra

Angelo Poretti 330ml 3.75

Ichnusa Sardinia 330ml 3.25

champagne / prosecco

Prosecco “Fior De Cassia” Veneto

21.70 / 4.50

red wine

“Le Lesc” Cotes de Gascogne

Rouge 2014 SW France

16.50 / 4.50

“Ciello Rosso” 2015 Nero d’Avola

Sicily. 18.90 / 4.90

Foral Douro 2014; Portugal

17.90

2012 Soliti Merlot

Merlot 100% / Piemonte; Italy

19.90 / 5.30

Montepulciano d’Abruzzo

‘Frentano’ 2015; Italy 20.50

2014 Artesa Rioja (Organic)

Tempranillo 100%; Spain 22.90

drinks list

raw juice

Energise 3.90

Orange, ginger, lemon, carrot,
fresh mint, turmeric

Red Earth 3.90

Beetroot, raspberry, Spinach,
lemon and apple

Alkalize 3.90

Spinach, kale, avocado, lemon,
green apple and pineapple

smoothies

Date and Salted Almond 4.60

With banana and coconut milk

Breakfast Bomb 4.90

Mixed berries, goji berries, fresh
lime, pumpkin seeds, tumeric, apple
juice, dates and a dash of cayenne

soft drinks

Still / Sparkling Water

Small 1.90 / Large 2.90

Luscombe Organics

Hot Ginger Beer 250ml 2.40

Strawberry Crush 320ml 2.40

Karma Cola / Gingerella / Lemony

Lemonade organic 250ml 1.90

Orange Juice / Apple Juice 2.75

Coca Cola / Diet Coke 1.50

Equinox Kombucha Organic

Original Kombucha / Raspberry
and Elderflower Kombucha 2.75

super shots

An intensive shot of goodness
to fire up your day

Tumeric Tonic 2.20

Tumeric, ginger, lime, beetroot
and cayenne pepper

kids

Little Fruit Smoothies

(4 flavours) Ella's Kitchen 1.40

Little Hot Chocolate 1.50

coffee and alternatives

Espresso / Macchiato / Piccolo

1.30

Americano / Double Espresso /

Cortado 1.90

Cappuccino / Flat white / Latte

2.30

Mocha / Hot Chocolate / Chai

Latte 2.80

Tumeric Latte

Coconut milk, steamed with
tumeric, maple syrup, nutmeg
and grated cinnamon 2.90

organic pot of tea

Lemon and ginger / Red berry /
Chamomile / Green / English /